

What Do Oxford Houses Offer

Oxford Houses offer a supportive way of living and opportunities to learn skills in a clean and sober environment.

- ◆ Residents receive 24-hour support from peers in recovery.
- ◆ Learn alcohol and drug-free living skills.
- ◆ Share responsibility for maintaining the House.
- ◆ Learn to manage a household.
- ◆ Vote on all issues affecting the House.
- ◆ Elect House officers who have an equal responsibility to guide and maintain the House.
- ◆ Receive guidelines and the training to successfully maintain the House.
- ◆ Have social interaction and activities.



Not going back to where a recovering addict came from may be the single most important reason for the Oxford House success story. Using

this cost-effective way to improve the chances of recovery from alcoholism and drug addiction may be the best way to show the community that recovery works, and that recovering addicts can become model citizens.

Oxford Houses have a 75 percent success rate, nationally. Washington has an 82 percent success rate. Individuals may live in Oxford Houses as long as they want.

Eligibility For Membership

Individuals can apply to live in an Oxford House if they have met one of the following criteria:

- ◆ Completed inpatient treatment.
- ◆ 10-day detoxification with an intensive outpatient program.
- ◆ 30 days of being clean and sober.

Other Guidelines

- ◆ Each individual must be willing to accept house rules.
- ◆ Each individual must be able to pay his/her share of house expenses.
- ◆ Each individual must have the desire to work on his/her recovery.
- ◆ There are separate Houses for men and for women.
- ◆ Some women's Houses accept women with children.

How to Apply For Membership

Individuals apply directly to the House of their choice. If there are no vacancies, an individual may be referred to another House in the area.

- ◆ The individual must get an application from a House or a treatment agency.
- ◆ Complete the application and submit it to the House.
- ◆ Call the House to schedule an interview appointment.
- ◆ Show up on time for an interview by members of the House.
- ◆ It takes an 80 percent "yes" vote by House members to be admitted.



To Find a House

- ◆ The ***Alcohol and Drug 24-Hour Helpline*** maintains a directory of Houses; call ***1-800-562-1240***.
- ◆ Treatment agencies have copies of the "Greenbook," which contains a directory of Oxford House locations in Washington.



Cost of Living in an Oxford House

- ◆ Equally sharing expenses keeps the cost of Oxford Houses low.
- ◆ Costs range from \$300 to \$450 per person, per month, depending on the house and area.
- ◆ A non-refundable move-in fee is required upon acceptance into the house.
- ◆ The average move-in fee is \$150 but varies from house to house

What Do Your Costs Cover?

- ◆ Rent in a fully furnished home.
- ◆ Utilities, including telephone
- ◆ Cable TV/DISH Network
- ◆ Basic food staples
- ◆ House supplies, including housekeeping and laundry products.

The Oxford House Model

All Oxford Houses have common characteristics:

- ◆ The Houses must run democratically.
- ◆ The House members must be responsible for all household expenses.
- ◆ The House must immediately expel any member who uses alcohol or drugs.



Each House must fulfill these guidelines in order to be a chartered member of Oxford House, Inc. (a national 501-(C)3 nonprofit organization).

Each House represents a remarkably effective and low-cost method of preventing relapse and encouraging emotional growth.

The standardized system of Oxford House has evolved since the first House opened in 1975 and has grown to over 1,200 Houses throughout the country.

All Oxford Houses in Washington are linked together by chapters to ensure mutual support.



To
locate
an

Oxford House,

call the

24-Hour Helpline

at

1-800-562-1240

 Oxford
Houses
of Washington

A New Way of Living



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